

GRAZIA

Easy Chic

400+
NEW LOOK
ALERTS

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Keeping up with
SONAKSHI SINHA

Introducing:
**GRAZIA
BRIDE**

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Mukherjee*

LOVE ALL:
PUNK, PREPPY
and Pretty



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page for details



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SOUNDS FROM THE SOUL

Nischay Parekh is making waves on the indie pop scene, *Grazia* finds out

Nischay Parekh has been the talk of towns ever since he opened for Noah Jones at A Summer's Day festival in March earlier this year. Along with his band of equally talented musicians, Jovig Singh, Dylan Varner and Pedro Zappa, he has recently released his debut album, *Ocean*.

GRAZIA: How did the band come together?

NISCHAY PAREKH: Jovig and I are neighbours and I met Dylan at Berklee College of Music. All of us have a great sense of clarity about our musical goals, and I couldn't have asked for better artists to work with.

G: Walk us through your album *Ocean*.

NP: It's an experimental pop album filled with playful instrumentation

and cinematic moments. The songs are about relationships, longing and other universal themes. However I enjoy making these larger than life themes very intimate, that's why you'll find pandas, ghosts and secrets in my *Ocean*.

G: Who are some of your musical inspirations?

NP: Marvin Gaye, Leslie Pelt, The Beatles, the list is endless.

G: Why did you choose to record the album outside a studio?

NP: I wanted this to be a very relaxed album. I love staying at home almost all day, and I felt recording most of my album inside homes would bring about a sense of warmth and comfort in the music.

G: Tell us about the artwork for the album.

NP: It's been designed by Yashanti Martho. We provided human images to keep everything symmetrical. I also love writing songs with animals in them and I wanted the artwork to be mystical as well.

G: What can we expect from your gigs at Sacchi NO? Weekender?

NP: Intimate, interactive and full of colour. We have a surprise in store, so bring your imagination along.

Catch Nischay Parekh at the Sacchi NO? Weekender in Bengaluru, New Delhi and Kolkata

INSTANT ART CREDIT

If you've often found yourself feeling like an ignorant brute at art exhibitions, here's a handy cheat guide to up your snob factor

WISHFUL PAINTING

Arushi Miller's new abstract artwork series titled *Adrenaline Rush* is inspired by her workshop with the NGO *Santhashala*. For 'If Wisher Were Heroes Beggars Would Fly', she worked closely with Mumbai's street children and asked them to write/draw their 'dreams' on wish cards.

Adrenaline Rush, Nov 14-Dec 1, Tan Art Gallery, Wank, Mumbai



DARK NATURE

Growing up in the German countryside, Martin Eder's influences have always been nature-inspired. Though they may seem idyllic on the surface, he's always found a sense of darkness deep within. He refers to this anxiety as the constant presence of dark 'monsters of silence.' The resulting eight paintings are divided between representations of these symbols.

An exhibition by Martin Eder, November 15, Galerie Isa, Mumbai.



Photograph GALLERY EIGEN+ART AND HAUSER & WIRTH

TRYST WITH COLOUR

Gallery Nervosa brings together some of the finest Indian contemporary artists in a show titled 'Tryst With Colour-01'. Joined in their diverse creative expression by the running theme of Bengal, each painting evokes a distinct essence of the region. We introduce you to the works of four participating artists.



● ARTA C CHOWDHURY

Chowdhury is known for his sensitive style and his *Bengali Women*. Sometimes his figures are shown with their backs to the viewer, to draw them into her world of *pratiksha* (waiting) for her beloved.

● ABBIS MONDAL

Mondal often showcases his protagonists in a dreamscape, hinting at the concept of meditation. All his work can be tied to this running theme.

● GAUTAM DEY

Dey's works range from mundane subjects like the streets of Kolkata, to political satires told through the images of birds, bees and butterflies.

● JIBAN BHOWAL

Bhowal's themes are often politically charged, yet playful. He uses his canvas to juxtapose the idea of peace with undertones of turmoil. He often uses quirky mythological subjects to showcase this.

'Tryst with Colour-01' Nov 25-30, India Habitat Center, New Delhi

THE DUMMY'S GUIDE TO WINE

It's a month of house parties and sit-down dinners. Sowra Puri, Head of Tastings & Training at Sula sets a few basics on pairing wine with everything from finger foods to dessert

● Watch out for intensity. Match high intensity flavours of food, like capricious with wines like Riesling and Gewürztraminer.

● Create a palate cleanser for acidic, oily or fatty food with an acidic wine, like a sparkling Sula Brut or Sula Sauvignon Blanc.

● Keep full-bodied wines away from light foods. The wines will overpower the food and turn out to be quite unsuccessful.

● Match tannic wines well. Dindori Reserve Shiraz, Malbec, Cabernet Sauvignon are great with chewy meat. While they accentuate spices, it makes savoury food taste bitter.

